



Local Advice Hub @ Crieff Health Centre FEBRUARY 2025



Sessions are drop-in but if you prefer an appointment time, please phone the number detailed for the agency you wish to connect with
(In case of last minute changes it is beneficial to phone the agency first) or contact Shona 07896 280843 shona.fowler@nhs.scot

Tues 4th	10am to 12noon Aberlour Family Advice and Community Connections (FACCS) - Bridget 07467 736705 Universal support and advice for any families in Perth and Kinross including tailored support and community signposting
Thur 6th	10am - 12noon Mindspace Info on supporting mental wellbeing. 01738 639657
Mon 10th	10am – 12noon Heather Nancollis Social Prescriber - Community Connecting/Signposting 07775 701836
Thur 13th	1.30pm – 3.30pm CATH will support with form filling – PIP, Universal Credit etc 07955 333163 or 07739 858987
Mon 17th	10am – 12.30pm PKC Employment Support Team Job advice and help for those who have learning disability, acquired brain injury, mental health issues or autistic spectrum diagnosis, physical disability and sensory loss 07442 934454
Wed 19th	10am to 12noon Asha and Steve from the Scottish Fire and Rescue Service will be here to offer advice and support around Fire Safety in your home
Fri 21st	1pm – 3pm PKC Trading Standards, Scam Awareness Melanie will give advice and information on avoiding scams and dealing with cold callers. 07557 214420
Thur 27th	10am - 12noon Craig from the Heat Project will be here providing a free energy advice to households, helping them become more energy efficient and reducing energy bills 07868 864418